



Village Voices



Frank Kaderabek, Village member and trumpeter extraordinaire.

Life With The Philadelphia Orchestra

By John T. Gillespie

Frank Kaderabek had just settled into the job of a lifetime as principal trumpet for the Philadelphia Orchestra when he received the following note from an admirer:

“I was at the Messiah performance last Monday. Your playing lifted me out of my seat!”

The admirer was Gretel Ormandy, wife of Frank’s new boss and maestro, Eugene Ormandy. The so-called “Philadelphia sound,” which Ormandy is said to have inspired—a blend of lush interpretations and sweeping strings—was captured in more than 100 recordings by RCA and later, EMI.

“The combination of Ormandy and the Philadelphia Orchestra was a great sell,” says Kaderabek. “RCA recorded everything we did! “

After Ormandy, there was Riccardo Muti and Wolfgang Sawallisch, but Ormandy occupied pride of place for Frank. “Playing for him was the best five years of my professional life. The orchestra was his family. He was totally dedicated.” Of another legendary Philadelphia maestro, Leopold Stokowski, or Stoky, Frank says, “He had a great ear for sound.” But when Stokowski asked him to leave his first job with the Dallas Symphony and break his contract to join him and the Houston Symphony, Frank, already under contract to join the Chicago Symphony, refused.

The Cold War was a good time for culture. “The Soviets were constantly saying we had no culture,” says Frank. Big symphonies responded by doubling the playing seasons from 20 to 42 weeks and 200 performances. Musicians were contracted to play eight times a week including four performances and four rehearsals. That meant staying in shape physically and mentally.

(continued on page 2)



Dr. Atul Gawande

VILLAGE MOVEMENT TO CELEBRATE 15 YEARS IN SEPTEMBER

Dr. Atul Gawande, the noted surgeon and public health researcher, will highlight the 15th anniversary of the national Village movement September 25th.

Philadelphia’s three Villages – East Falls Village, Northwest Village Network and Penn’s Village – will hold local celebrations, including telecasts of Dr. Gawande’s talk, at the Parkway Central Library and the Falls Library.

Dr. Gawande, author of *Being Mortal: Medicine and What Matters in the End*, is an influential voice in public health. He has written extensively, distinguishing between low cost, high quality health systems like the Mayo Clinic and corporate, profit-maximizing systems that can lead to unnecessary care.

The Village movement began with Boston’s Beacon Hill in 2002. Today, there are some 200 virtual retirement communities in the nation and many more in development. What began at the grass roots has evolved into a nationwide push to keep more people in their homes as they age.

The 15th Anniversary celebration was rescheduled from February due to bad weather. Time and registration information will be announced later.

WELCOME NEW MEMBERS!

- ▶ Sue & Michael Burnett
- ▶ Phil & Rita Hughes
- ▶ Judith Lopez Ruback
- ▶ John Matzko
- ▶ Gabrielle Winn

For contact info, log in to eastfallsvillage.org to access the Membership Directory.

For help, see pages 9-10 in your copy of the 2017 Member Handbook & Directory or email info@eastfallsvillage.org.

Village Voices is a publication of East Falls Village (EFV), a program of East Falls Community Council. No portion of this newsletter may be copied or reprinted without the permission of East Falls Village. All East Falls Village programs and activities, including Village Voices, are created, developed and executed by Village Member Volunteers.

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Security Is Your Responsibility!

DON'T respond to phone calls or e-mail offers from people you don't know! If someone calls and says they're from Microsoft and want to help, hang up. If you get an e-mail message saying to send all your passwords to Microsoft or your bank, delete the email. As always, security begins with skepticism. Call someone on the tech team if you get a call that sounds like it might be legit, and it worries you to ignore it.

Kaderabek

(continued from page 1)

Frank was 46 when he joined the Philadelphia Orchestra in 1975. At the time he was playing first trumpet with the Detroit Symphony when the call to audition came. Exactly one year earlier Frank and his wife, Mary, had rejected a summons from the New York Philharmonic, led by Pierre Boulez, because the couple with their then three daughters –two sons would follow – did not want to live in New York City.

There would be no rejection this time. “I told Mary I’m going to do my damndest to get this.” Ten days after the call, Frank was in Philadelphia to audition before a committee led by Bill Smith, Ormandy’s assistant. “In those days they didn’t send out a list of what to play; you were expected to know the full repertoire.”

Frank was signed as first trumpet, a post he had previously held at the Detroit and Dallas symphonies. “Second or third trumpet was like being a relief pitcher. You didn’t get the solos.” In years to come, he would expand his solo repertoire with recorded performances of Mahler’s *5th Symphony*, Bizet’s *Carmen Suite*, Tchaikovsky’s *Swan Lake*, and Scriabin’s *Poeme of Ecstasy*.

To help raise his family, Kaderabek played all genres, from classical, to jazz, to big band, to pop. “You had to be versatile to stay in demand,” he says. There were increasing guest appearances and good reviews.

Inquirer Music Critic Daniel Webster wrote that “Kaderabek brings vitality and warmth” to his playing; the *Schenectady Gazette* praised his “virtuoso playing and awesome sound;” the *Allentown Morning Call* had this to say about his guest performance of Alexandre Artunion’s Concerto for Trumpet with the Allentown Band: “Those who didn’t attend yesterday’s concert missed hearing one of the top

trumpet players in the nation. Kaderabek was outstanding... The score provided numerous opportunities for [him] to demonstrate his mastery – and the possibilities – of the trumpet.”

He also taught at West Chester University and the Curtis Institute where 14 of his former students now play with major orchestras. Wikipedia says he is “widely regarded as one of the world’s finest trumpet players and teachers.”

Frank’s journey to trumpet fame began with the marching band at the United States Military Academy at West Point in 1952. His first job was with the Dallas Symphony where Stokowski tried to steal him away. To earn more money, he played stints with the Grant Park Summer Music Festival in Chicago and “anyone who would have me,” including Ringling Brothers Barnum and Bailey, the Ice Capades, and big bands.

In all, he says he played five major orchestras over 42 years including Philadelphia. There were also performances with visiting maestros Stokowski, Bernstein, Kostelanetz, Fiedler, Zell and others.

But it is Ormandy who remains foremost in his affections. “In my opinion Muti may have had greater skills but Ormandy had the greater talent. For Muti the ‘Philadelphia sound’ was a myth.”

The Kaderabeks are members of the Village and live on Coulter Street. Frank retired from the Orchestra in 1995 after 20 years. Recently turned 88, he takes piano lessons once a week from neighbor Caroline Davidson. His daughter, Elizabeth, plays violin with Philadelphia’s chamber orchestra, opera, and ballet. She also subs for the Philadelphia Orchestra, keeping the Kaderabek name and legacy alive for another generation.

A Taste of Big City Newspapering

by Mary Flourney

Some 20 East Falls Village members spent a morning in April learning the ins and outs of big city newspapering at the new home of the *Philadelphia Inquirer* and *Daily News* in the old Strawbridge building on Market Street.

Our tour guide was Sally Downey, a former *Inquirer* reporter; she led us all over the third floor of the old Strawbridge's. One of the people who greeted us was Terrance C.Z. Eggar, the publisher and CEO of Philadelphia Media Network, owner of the two papers.



The group with Sally Downey, tour guide and former reporter.

We saw the wall of framed Pulitzer Awards won by staff members of the two newspapers as well as photographs of “olde” days in the newspaper business – horsedrawn wagons used to deliver papers during WWII, due to gas rationing. The photo of the 1950's-era press room – with an all-male staff clattering on their typewriters and smoking cigarettes – was a great contrast to the press room we saw – quiet room with computers.

The highlight of the 2½ hour tour was getting to sit in on the daily meeting of editors, led by Gabe Escobar, the PMN editor and vice president. During the meeting we watched the current report of “hits” for the articles on philly.com (online articles from both papers) change as users read articles on the website.



Editor Gabe Escobar spent an hour with us answering our questions.

After the editors' meeting, Escobar spent almost an hour answering our questions – from the current state of the crossword puzzle to how the *Daily News*, *Inquirer*, and philly.com differ. The *Daily News* has a larger sports staff and a separate headline writer, but clever headlines don't work online. We learned the average age of the print edition reader is over 55 (that's us!) while the average for the reader of the online version is in the 40's.



Sally comparing the print editions of the two papers.

“What really floored me was the fact that we were invited to the meeting of minds and seeing how their ideas of stories evolved. Think of it every time we read the paper.”

- Joanne Timmins

“I really found being an observer of the morning news meeting to be the most interesting. It was informative to see how the daily events were discussed to decide what was going into print for the next day.”

- Joan McIlhenny

EFV Participates in Roundtable on Villages

by Mary Flourney

Teresa Osborne, the Pennsylvania Secretary of Aging, was a guest of Philadelphia's three Villages at a Roundtable on the Village Movement. The discussion May 4th was held at Penn Charter School, attended by over 60 people representing senior service agencies and Village members. Special guests included State Rep. Chuck Rabb, former Secretary of Aging Brian Duke, and Lynn Harris, director of the Center in the Park and the chair of the National Institute for Senior Centers. State Rep. Pam DeLissio was unable to attend but sat in on a rehearsal of presentations by the three villages.

A similar presentation will be held in June for Lydia Hernandez Velez, the City's Assistant Managing Director for Aging, State Sen. Art Haywood, and some people interested in starting a village.



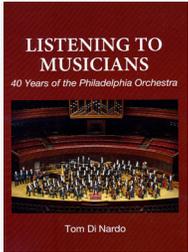
Teresa Osborne, Secretary of Aging, with panelists from the three Philadelphia villages: Faye Ross and Peter Javsicas from Northwest Village Network; Charlie Day, Phil Hinline, and Mary Flourney from East Falls Village; and Dave Lewis and Jane Eleey from Penn's Village.

Good Reads

Listening to Musicians: 40 Years of the Philadelphia Orchestra

By Tom Di Nardo

Review by John T. Gillespie



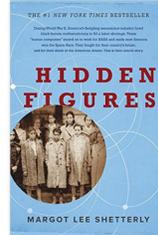
Lovers of the Philadelphia Orchestra will relish these candid interviews with the men and women – conductors, musicians, soloists, composers, and staff – who comprise one of the great musical enterprises in the world. Author Tom Di Nardo, music critic for the *Philadelphia Daily News*, has

uncovered the humanity behind the master artists who give us – the public – up to 200 concerts a year supported by an equal number of rehearsals. As Churchill might have said, “Never was so much pleasure provided to so many by so few.” Di Nardo has chatted with some of the biggest names in the business: conductors Riccardo Muti and Wolfgang Sawallisch, opera stars Renée Fleming and Denyce Graves. “My main interest,” he writes, “has been to discover clues to the drive, passion, nerves, heart and emotions behind the musicians we see up there in formal clothes.”

Hidden Figures

By Margot Lee Shetterly

Review by Mary Flournoy



Hidden Figures is the remarkable and improbable story of a group of African American female mathematicians, who mastered the science and helped design the planes, rockets, and satellites that brought the United States victory in war and space. Even if you've seen the Oscar-nominated film, the

book is a must-read for further insight. In addition to offering more details about the personal lives of the four “Human Computers” – Dorothy Vaughan, Mary Jackson, Katherine Johnson, and Christine Darden -- the book contains background on the Jim Crow South and the Civil Rights Movement. Author Margot Shetterly's father worked at NASA's Langley Field, but she did not realize what a unique role these women played in history. She spent years conducting research – oral interviews, reading archival documents, and even scouring phone books and obituaries. Unfortunately, the book did not contain any photographs of the women, while the film did end with photographs of the women throughout their lives. Note: There is now a Young Reader's Edition, which is one-third shorter and does contain photographs. Buy it to inspire granddaughters and nieces.

Village Voices
Welcomes
Book
Reviews!

WE WANT TO
KNOW WHAT
YOU'VE BEEN
READING!

- ✓ No more than 150 words
- ✓ Include: brief synopsis, reviewer's opinion, title and author
- ✓ Submit to john.gillespie1@verizon.net

PUBLICATION DEADLINES

September 1
December 1
March 1
June 1



East Falls Village

P.O. Box 12672
Philadelphia, PA 19129

Deliver to:



EFV Events

KEY

REG = Registration Required or Recommended

\$ = Fee Required in Advance

EastFallsVillage.org
Click on Calendar of Events ☎ 267-444-4507

TO REGISTER

Post on your refrigerator! PLEASE NOTE This is a partial listing. Details may change. For more information, check EastFallsVillage.org or consult the EFV Weekly Update, emailed to members on Tuesdays.

Thursday Morning Walks & Stop at a Local Café

All are welcome to join us for some exercise, good company, and a snack. For same-day information, call 215-817-9430.

Every Thursday 9:30 am
Meet at the Falls Library
Garden

Wednesday June 28 9:30 am - noon

“1917: The Year that Changed the World”
National Museum of American Jewish History
101 S. Independence Mall East
Carpool from the library at 9:30 or meet us at the museum at 10:15.
This special exhibit, with film, music, and interactive media, chronicles 1917. **REG Recommended**

Tuesdays July 11 - Sept 12 10 am - 11am

Stretch & Tone with a Yoga Twist
Presbyterian Church
Gentle yoga. Members are \$90; non-Village members are \$95. Sign up and pay online on the July 11 listing on the Calendar of Events or send a check to EFCC, PO Box 12672, Phila. PA 19129 **\$ REG Required**

Tuesdays July 11, 18, 25, 2 2 pm - 4 pm

How to Use Ancestry.com
Chestnut Hill Library, 8711 Germantown Ave.
A basic course on Ancestry.com presented by Northwest Village Network and EFV. Must have Ancestry subscription and a laptop or tablet. Register by July 3 via maryleekeane.com. **\$ REG Required**

Thursday July 20 noon

Lunch in the ‘Hood: Blue Corn
940 S. 9th St.
Carpool from the library at 11:30 am or meet at the restaurant. Located in the heart of the Italian Market, enjoy traditional Mexican plates and cocktails in festive surroundings. After lunch, we can walk around the Market. **REG Recommended**

Monday July 31 11:30 am

Lunch of the Month: Franklin’s Pub & Grill
3521 Bowman St. (between Cresson & Conrad Sts.)
Enjoy lunch at this local spot, with an extensive menu of food, beers, and other beverages. **REG Recommended**

Wednesday August 16 11:30 am

Lunch of the Month: Founded
Carpool from the library.
Enjoy great pizza, burgers, salads in this building – or on the patio - at the Falls Center. **REG Recommended**



Wednesday July 26 6:30 pm

Maggie Groults
Falls Library, 3501
Midvale Ave.

View the film about Germantown’s Maggie Kuhn, the amazing, lusty, canny, and unstoppable woman who founded the Gray Panthers. After the film, Christina Long, who worked with Maggie and appears in the film, will answer questions.



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Meet at the Falls Library
Garden



Sunday

September 24
5 pm - 7 pm

Village Social at the Philadelphia Canoe Club

4900 Ridge Ave.
(Entrance is just before
the SEPTA bus depot).

Last year's member-guest social at the Canoe Club was so much fun that we're doing it again! Bring a beverage, appetizer, or desert. Tell us what you'll bring when you register.

REG Required

Saturday

August 19
10 am - noon

Sunday

August 27
7:25 pm

Saturday

September 9
9:30 am

Thursday

September 14
11:30 am

Tuesday

September 19
11:30 am

Mural Arts Trolley Tour of South Philadelphia

Carpool from the library or meet at 128 N. Broad St. by 9:45 am. "Journey South" includes a short walking tour for a closer look at some murals. A trained guide will talk about the mural artists, techniques, subjects, and community involvement. Reserve senior tickets (\$30) at 215-925-3633 ext 10 or at muralarts.org. Then register with the Village so we know who to expect. **REG Required**

Experience Chestnut Hill Skyspace at Sunset

Chestnut Hill Friends Meeting, 20 E. Mermaid Lane
Designed by contemporary light artist James Turrell, the Skyspace is a place of quiet and stunning visual beauty. Reserve tickets on Chestnut Hill Skyspace and click on visit. Go to August 27 entry. **REG Required**

A Trip to the Zoo with Sally Pearne

Carpool from the library at 9 am.
Enjoy a small private tour with EFV member and zoo docent Sally Pearne. She will emphasize the zoo's conservation efforts and will include favorite animals of the group. **\$ REG Required**

Lunch in the 'Hood: Spruce Street Harbor Park

301 S. Columbus Blvd.
Carpool from the library at 11:30 am.
Enjoy this pop-up park with many food and drink stands, plus hammocks and lawn chairs. Optional walk along the Delaware River waterfront afterwards with Fred Vincent.

Lunch of the Month: Trolley Car Café

3269 S. Ferry Road
Carpool from the library.
Eat on the patio and choose from a wide menu. (You can even bring your dog!) **REG Recommended**

(over for more programs)